

My Little farm Nursery School - September 2024 menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5 Carrot purée Fish fingers with salad Yoghourt (A3)	6 Spaghetti (A1) Meat stew with salad Fruit
9 Lentils Eggs omelette (A2) Fruit	10 Stewed potatoes and vegetables Grilled chicken Yogurt (A3)	11 Vegetables purée Fish with tomato (A1,2,5) Fruit	12 Macaroni (A1) Hamburguers with salad (A1,2,3) Yogurt (A3)	13 Zuchinni Purée Grilled turkey with salad Fruit
16 Pasta (A1) Chicken with vegetable sauce Fruit	17 Paella Tuna eggs (A2,5) Yoghourt (A3)	18 Leek Purée Grilled pork with salad Fruit	19 Vegetables and chickpeas stew Grilled fish Yoghourt (A3)	20 Pumpkin purée Pasties (A1,2,5) Fruit
23 Mushroom risotto (A3) Meatballs (A1,2,3) Fruit	24 Carrot purée Baked eggs (A2) Yoghourt (A3)	25 Noodles soup (A1) And chickpeas (Chicken, beef, vegetables) Fruit	26 Summer salad Grilled pork Yoghourt (A3)	27 Vegetables purée Battered fish (A1,2,5) Fruit
30 Spaghetti (A1) Roasted chicken with salad Fruit				

Allergens: A1 (Gluten); A2 (Egg); A3 (Milk and milk products); A4 (Nuts); A5 (Fish).

Salads: Tomato, corn, cucumber or grated carrot. Every day salad and bread will be offered to the children, along with the menu