

My Little farm Nursery School - May 2024 menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3 Boiled rice with tomato Egg omelette with salad (A2) Fruit
6 Cream of leek Meat stew Fruit	7 Green beans with tomato Spanish omelette (A2) Yoghourt (A3)	8 Vegetables and chickpeas stew Pasties with salad (A1,2,3,5) Fruit	9 Tuna lasagna (A1,2,5) Grilled pork Yoghourt (A3)	10 Mushroom risotto (A3) Grilled chicken Fruit
13 Stewed potatoes and vegetables Battered fish (A1,5) Fruit	14 Stewed peas Pizza (A1,3) Yoghourt (A3)	15	16 Lentils Baked eggs (A2) Yoghourt (A3)	17 Rice with tomato (A3) Loin of pork with sauce Fruit
20 Noodles soup (A1) Hamburguers with salad (A1,2,3) Fruit	21 Vegetarian beans Egg omelette (A2) Yoghourt (A3)	22 Paella Roasted chicken with salad Fruit	23 Vegetable pie (A1,3) Grilled pork (A3) Yoghourt (A3)	24 Pasta (A1) Battered fish with salad (A1,2,3) Fruit
27 Boiled rice Meatballs with sauce Fruit	28 Noodles soup (A1) And chickpeas (chicken, beef and vegetables) Yoghourt (A3)	29 Spinach cream (A3) Fish with tomato (A1,2,5) Fruit	30 Stewed potatoes and vegetables Eggs croquettes (A1,2,3,4) Yoghourt (A3)	31 Spaghetti (A1) Grilled chicken with salad Fruit

Allergens: A1 (Gluten); A2 (Egg); A3 (Milk and milk products); A4 (Nuts); A5 (Fish).

Salads: Tomato, corn, cucumber or grated carrot. Every day salad and bread will be offered to the children, along with the menu