

## My Little farm Nursery School -April 2024 menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Spaghetti	Carrot purée	Vegetable and	Tuna lasagna	Rice with
(A1)	Battered fish	chickpea stew	(A1,2,5)	tomato
Meat stew with	(A5)	Baked eggs	Grilled pork	Grilled chicken
salad	Yoghourt	(A2)	with salad	with salad
Fruit	(A3)	Fruit	Yoghourt	Fruit
			(A3)	
8	9	10	11	12
Stewed potatoes	Vegetarian	Crema of leek	Vegetables pie	Macaroni
and vegetables	lentils	Roasted chicken	(A1,3)	(A1)
Egg omelette	Pasties	Fruit	Sausages with	Grilled fish with
(A2)	(A1,2,3,5)		salad	salad
Fruit	Yoghourt		Yoghourt	(A1,2,5)
	(A3)		(A3)	Fruit
15	16	17	18	19
Vegetable Purée	Noodles soup	Green beans	Mushroom	Pasta
Fish with	(A1)	with tomato	risotto	(A1)
tomato	And chickpeas	Spanish	(A3)	Loin of pork
(A1,2,5)	(chicken,beef	omelette	Grilled chicken	with sauce and
Fruit	and vegetables)	(A2)	Yoghourt	salad
TTUIL		Fruit	_	Fruit
	Yoghourt	rruit	(A3)	rruit
	(A3)			
22	23	24	25	26
Vegetarian and	Zuchinni purée	Vegetarian	Stewed peas	Boiled rice
noodles soup	Battered fish	beans	Pizza	Grilled pork
(A1)	(A1,5)	Tuna eggs	(A1,3)	with salad
Hamburguers	Yoghourt	(A2,5)	Yoghourt	Fruit
(A1,2,3)	(A3)	Fruit	(A3)	11010
Fruit	(113)	11010	(113)	
29	30	31		
Pumpkin purée	Macaroni			
Chicken thighs	(A1)			
with sauce	San jacobo with			
Fruit	salad			
	(A1,2)			
	Yoghourt			
	(A3)			

Allergens: A1 (Gluten); A2 (Egg); A3 (Milk and milk products); A4 (Nuts);

A5 (Fish).

Salads: Tomato, corn, cucumber or grated carrot. Every day salad and bread will be offered to the children, along with the menu