



**My Little farm Nursery School -
February 2024 menu**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Noodles soup (A1) Battered fish (A1,2,5) Yoghourt (A3)	2 Macaroni (A1) Grilled chicken Fruit
5 Stewed potatoes and vegetables Egg omelette (A2) Fruit	6 Noodles soup (A1) And chickpeas (chicken, beef and vegetables) Yoghourt (A3)	7 Zuchinni purée Meat stew Fruit	8 Tuna lasagna (A1,2,5) Grilled pork Yoghourt (A3)	9 Spaghetti (A1) Grilled fish (A5) Fruit
12 Vegetables purée Hamburguers (A1,2,3) Fruit	13 Green beans with tomato Spanish omelette (A2) Yoghourt (A3)	14 Lentils Pasties (A1,2,3,5) Fruit	15 Vegetable soup (A1) Fish with tomato (A1,5) Yoghourt (A3)	16 Mushroom risotto (A3) Grilled chicken Fruit
19 Pasta Meat stew Fruit	20 Spinach cream (A3) Roasted chicken Yoghourt (A3)	21 Vegetarian beans Baked eggs (A2) Fruit	22 Vegetables pie (A1,2,3) Grilled fish (A5) Yoghourt (A3)	23 Rice with tomato Loin of pork with sauce Fruit
26 Macaroni (A1) Meatballs (A1,2,3) Fruit	27 Vegetables and chickpeas stew Battered fish (A1,2,5) Yoghourt (A3)	28 Carrot purée Tuna eggs (A2,5) Fruit	29 Noodles soup (A1) Breaded chicken (A1,2) Yoghourt (A3)	

**Allergens: A1 (Gluten); A2 (Egg); A3 (Milk and milk products); A4 (Nuts);
A5 (Fish).**

**Salads: Tomato, corn, cucumber or grated carrot. Every day salad and bread will be
offered to the children, along with the menu**