

EI MI PEQUEÑA GRANJA
MARCH 2023

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
		1 Noodles soup (A1) Battered fish (A1,2,5) Fruit	2 Stewed peas Pizza (A1,3) Yoghourt (A3)	3 Spaghetti (A1) Meat ragout with vegetables Fruta
6 Green beans with tomato Spanish omelette (A2) Fruit	7 Noodles soup (A1) And chickpeas (Chicken, beef and vegetables) Yoghourt(A3)	8 Vegetable stew Grilled fish Fruit	9 Boiled rice Meatballs with vegetables (A1,2,3) Yoghourt(A3)	10 Vegetables purée Schnitzel (A1,2) Fruit
13 Macaroni (A1) Hamburguer with salad (A,2,3) Fruit	14 Vegetable and chickpea stew Baked eggs (A2) Yoghourt(A3)	15 Mushroom risotto (A3) Plate of ham and cheese (A1,2) Fruit	16 Zuchinni pie (A1,2,5) Grilled chicken Yoghourt(A3)	17 Carrot Purée Fish with tomato sauce (A1,2,5) Fruit
20	21 Zuchinni purée (A3) Roasted chicken Yoghourt(A3)	22 Rice with tomato sauce Battered fish (A1,2,5) Fruit	23 Vegetarian beans Egg omelette with salad (A2) Yoghourt(A3)	24 Pasta (A1) Loin of pork with sauce Fruit
27 Vegetable stew Grilled chicken Fruit	28 Lentils Tuna Pasty (A1,2,3,5) Yoghourt(A3)	29 Spinach Purée (A3) Eggs (A2,5) Fruit	30 Rice with tomato sauce Meat ragout with vegetables Yoghourt(A3)	

Alergies: A1 (Gluten); A2 (Egg); A3 (Milk and dairy); A4 (Dry fruits); A5 (Fish).
Salad: Tomato, corn, cucumber o grated carrot.