



Escuela Infantil

My Little farm Nursery School - November 2021 menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 Pumpkin purée Grilled chicken Yoghourt (A3)	3 Vegetables and chickpea stew Tuna eggs (A2,5) Fruit	4 Spaguetti (A1) Meatballs Yoghourt (A3)	5 Noodles soup (A1) Fish with tomato (A1,5) Fruit
8 Boiled rice Chicken with vegetables sauce Fruit	9	10 Lentils Baked eggs (A2) Fruit	11 Carrot puree Grilled pork Yoghourt (A3)	12 Stewed potatoes and vegetables Fish fingers (A1,2,5) Fruit
15 Vegetables purée Pasties (A1,2,5) Fruit	16 Noodles soup (A1) And chickpeas (Chicken, beef and) Yoghourt (A3)	17 Paella Grilled fish (A1,5) Fruit	18 Cream of zuchinni (A1,2,3) Egg croquettes (A1,2,3,4) Yoghourt (A3)	19 Tuna Lasagna (A1,2,3,5) Sausages Fruit
22 Cream of leek (A3) Egg omelette (A2) Fruit	23 Mushroom risotto (A3) Hamburguers (A1,2,3) Yoghourt (A3)	24 Vegetarian beans Breaded chicken (A1,2) Fruit	25 Stewed peas Pizza (A1,3) Yoghourt (A3)	26 Stewed potatoes and vegetables Fish with tomato (A1,2,5) Fruta
29 Macaroni (A1) Turkey stew Fruit	30 Green beans with tomato San Jacobo (A1,2,3) Yoghourt (A3)			

Allergens: A1 (Gluten); A2 (Egg); A3 (Milk and milk products); A4 (Nuts); A5 (Fish).

Salads: Tomato, corn, cucumber or grated carrot

⋮