



Escuela Infantil

My Little farm nursery school September 2020 menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 Vegetables purée Hamburguers (A1,2,3) Fruit	8 Spaghetti (A1) Baked eggs (A2) Yoghourt (A3)	9 Rice with tomato (A3) Loin of pork with sauce (A3) Fruit	10 Lentils Battered fish (A1,2,5) Yoghourt (A3)	11 Pumpkin purée (A3) Roasted chicken Fruit
14 Carrot purée Fish with tomato (A1,5) Fruit	15 Noodles soup (A1) And chickpeas (beef, chicken and vegetables) Yoghourt (A3)	16 Stewed potatoes and vegetables Croquettes (A1,2,3) Fruit	17 Cream of zuchinni (A3) Grilled chicken Yoghourt (A3)	18 Macaroni (A1) Tuna eggs (A2,5) Yoghourt (A3)
21 Pumpkin purée (A3) Meatballs (A1,2,3) Fruit	22 Vegetarian beans Grilled chicken Yoghourt (A3)	23 Noodles soup (A1) Turkey stew Fruit	24 Cream of leek (A3) Pizza (A1,3) Yoghourt (A3)	25 Mushroom risotto (A3) Fish with tomato Fruit
28 Stewed potatoes with vegetables Grilled pork Fruit	29 Vegetables and chickpeas stew Tuna pasties (A1,2,3,5) Yoghourt (A3)	30 Pumpkin purée Chicken thighs with sauce Fruit		

Allergens: A1 (Gluten); A2 (Egg); A3 (Milk and milk products); A4 (Nuts); A5 (Fish).

Salads: Tomato, corn, cucumber or grated carrot