

## Nursery School My Little Farm April 2019 menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Noodles soup <b>(A1)</b> Chicken thighs with sauce Fruit	<b>2</b> Lentils Hamburguers <b>(A1,2,3)</b> Yoghourt <b>(A3)</b>	<b>3</b> Pasta with creamy sauce <b>(A3)</b> Battered fish <b>(A1,2,5)</b> Fruit	<b>4</b> Vegetables purée Home made pizza <b>(A1,3)</b> Yoghourt <b>(A3)</b>	<b>5</b> Stew potatoes with vegetables Baked eggs <b>(A2)</b> Fruit
<b>8</b> Cream of pumpkin <b>(A3)</b> Fish with tomato <b>(A1,2,5)</b> Fruit	<b>9</b> Vegetarian beans San Jacobo <b>(A1,2)</b> Yoghourt <b>(A3)</b>	<b>10</b> Boiled rice with tomato Potatoe omelette <b>( A2)</b> Fruit	<b>11</b> Aubergine pie <b>(A1,2,3)</b> Sausages Yoghourt <b>(A3)</b>	<b>12</b> Spaghetti <b>(A1)</b> Turkey stew Fruit
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
<b>22</b> Mushroom risotto <b>(A3)</b> Meatballs <b>(A1,2,3)</b> Fruit	<b>23</b> Vegetables and chickpeas Fish fingers <b>(A1,2,5)</b> Yoghourt <b>(A3)</b>	<b>24</b> Green beans with tomato Egg croquettes <b>(A1,2,3,4)</b> Fruit	<b>25</b> Tuna lasagna <b>(A1,2,3,5)</b> Grilled chicken Yoghourt <b>(A3)</b>	<b>26</b> Potatoe and chard pie <b>(A3)</b> Loin of pork with sauce Fruit
<b>29</b> Carrot purée Grilled fish <b>(A1,5)</b> Fruit	<b>30</b> Noodles soup <b>(A1)</b> And chickpeas (beef, chicken and vegetables) Yoghourt <b>(A3)</b>			

**Allergens: A1 (Gluten); A2 (Egg); A3 (Milk and milk products); A4 (Nuts); A5 (Fish).**

**Salads: Tomato, corn, cucumber or grated carrot**