

Nursery School - Menu October 2017

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
2 Noodles soup (A1) Fish with tomato (A1,2,5) Fruit	3 Carrot purée Loin of pork with sauce Yoghourt (A3)	4 Aubergine pie (A1,2,3) Grilled chicken Fruta	5 Vegetarian Lentils Tuna pasties (A1,2,3) Yoghourt (A3)	6 Macaroni (A1) Baked eggs (A2) Fruit
9 Paella Grilled fish (A1,5) Fruit	10 Noodles soup and chickpeas (beef, chicken and vegetables) (A1) Yoghourt (A3)	11 Vegetables purée Chicken fingers (A1,2) Fruit	12	13 Pasta with mushrooms and cream sauce (A1,3) Hamburguers (A1,2,3) Fruit
16 Noodles soup (A1) Turkey Ragout Fruit	17 Vegetarian beans San Jacobos with salad (A1,2,3) Yoghourt (A3)	18 Mushroom risotto (A3) Potatoe omelette (A2) Fruta	19 Cream of leek (A3) Squid rings (A1,2,5) with salad Yoghourt (A3)	20 Tuna lasagna (A1,2,3,5) Grilled chicken Fruit
23 Cream of zuchini (A3) Meatballs (A1,2,3) Fruit	24 Green beans with tomato Battered fish (A1,2,5) Yoghourt (A3)	25 Vegetables and chickpea stew Homemade pizza (A1,3) Fruit	26 Potatoes with vegetables Tuna eggs (A2,5) Yoghourt (A3)	27 Noodles soup (A1) Chicken with sauce Fruta
30 Vegetarian lentils Egg croquettes (A1,2,3,4) Fruit	31 Cream of pumpkin(A3) Fish with tomato (A1,2,5) Yoghourt (A3)			

Allergens: A1 (Gluten); A2 (Egg); A3 (Milk and milk products); A4 (Nuts); A5 (Fish).

Salads: Tomato, corn, cucumber or grated carrot.