

My little Farm Nursery School - Menu September 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6 Macaroni (A1) Turkey ragout Fruit
9 Vegetables purée Chicken thighs with sauce Fruit	10 Pasta (A1) Potatoe omelette (A2) Yoghourt(A3)	11 Lentils Fish fingers (A1,2,5) Fruit	12 Cream of leek (A3) Homemade pizza (A1,3) Yoghourt (A3)	13 Boiled rice Meatballs (A1,2,3) Fruit
16 Cream of zuchinni (A3) Breaded chicken (A1,2) Fruit	17 Potatoes with vegetables Fish with tomato (A1,2,5) Yoghourt (A3)	18 Carrot purée Loin of pork with sauce Fruit	19 Macaroni (A1) Baked eggs (A2) Yoghourt (A3)	20 Vegetable and chickpeas stew Meat pie (A1,2,3) Fruit
23 Vegetables purée Squid rings (A1,2,5) Fruit	24 Noodles soup (A1) And chickpeas (Beef, chicken and vegetables) Yoghourt (A3)	25 Pasta with tomato Egg croquettes (A1,2,3,4) Fruit	26 Cream of leek (A3) Sausages Yoghourt (A3)	27 Mushroom risotto (A3) Fish fingers (A1,2,5) Fruit
30 Cream of pumpkin (A3) Pork stew Fruit				

Allergens: A1 (Gluten); A2 (Egg); A3 (Milk and milk products); A4 (Nuts); A5 (Fish).

Salads: Tomato, corn, cucumber or grated carrot