



Escuela Infantil

EI MI PEQUEÑA GRANJA **OCTOBER 2016 MENU**

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
3 Macaroni (A1) Chicken thighs Yogurt (A3)	4 Cream of leek (A3) San Jacobos (A1,2,3) Fruit	5 Stewed potatoes and vegetables Fish with tomato sauce (A1,2,5) Fruit	6 Vegetarian beans Tuna eggs (A2,5) Yogurt (A3)	7 Carrot purée Meatballs (A1,2,3) Fruit
10 Rice with tomate Fish finger (A1,2,5) Yogurt (A3)	11 Vegetables purée Baked eggs (A2) Fruit	12	13 Spaguetti (A1) Turkey Ragout Yogurt (A3)	14 Noodles soup (A1) and chickpeas (beef, chicken and vegetables) Fruit
17 Breaded cauliflower (A1,2) Chicken in sauce Yogurt (A3)	18 Vegetarian paella Tuna pasties (A1,2,5) Fruit	19 Vegetables and chickpea stew Grilled fish (A5) Fruit	20 Cream of zucchini (A3) Pizza (A1,3) Yogurt (A3)	21 Spirals (A1) Potatoe omelette (A2) Fruit
24 Noodle soup (A1) Fish with tomato (A1,2,5) Yogurt (A3)	25 Vegetarian lentils Squid rings (A1,2,5) Fruit	26 Pumpkin purée (A3) Hamburguers (A1,2,3) Fruit	27 Aubergine pie (A1,2,3) Grilled chicken Yogurt (A3)	28 Stewed potatoes with mushrooms Egg croquettes (A1,2,3,4) Fruit
31 Rice with tomato Sausages with salad Yogurt (A3)				

Allergens: A1 (Gluten); A2 (Egg); A3 (Milk and milk products); A4 (Nuts); A5 (Fish)