

EI Mi Pequeña Granja NOVEMBER 2016 MENU

	MARTES	MIÉRCOLES	JUEVES	VIERNES
	1	2 Vegetarian beans Baked eggs (A2) Fruit	Pasta with tomato sauce (A1) Grilled fish (A5) Yogurt (A3)	4 Carrot purée Breaded chicken (A1,A2) Fruit
7 Noodles soup Meatballs with sauce (A1,A2,A3) Yogurt (A3)	8 Vegetables and chickpea stew Turkey stewed Fruit	9	Cream of zuchini (A3) Fish with tomato (A5) Yogurt (A3)	11 Macaroni (A1) Potatoe omelette (A2) Fruit
14 Mushroom risotto (A3) Grilled chicken Yogurt (A3)	Stewed potatoes with artichokes Breaded fish (A1,A2,A5)	16 Noodles soup and chickpeas (beef, chicken and vegetables) (A1) Fruit	Cream of pumkin (A3) Hamburguers Yogurt	Tuna Lasagna (A1,A2,A5) Eggs croquettes (A1,2,3,4) Fruit
Vegetarian paella Tuna eggs (A2,5) Yogurt (A3)	Vegetarian lentils Fish fingers (A1,2,5) Fruit	23 Macaroni (A1) Turkey Stew Fruit	Aubergine pie (A1,2,3) Loin of pork with sauce Yogurt (A3)	25 Vegetables Purée Home pizza (A1,A3) Fruit
28 Noodles soup (A1) Breaded fish (A1,2,5) Yogurt (A3)	29 Cream of leek (A3) Chicken with sauce Fruit	30 Spaguetti (A1) Tuna Pasties (A1,2,5) Fruit		

Allergens: A1 (Gluten); A2 (Egg); A3 (Milk and milk products); A4 (Nuts); A5 (Fish)