

Nursery School My Little Farm May 2019 menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3 Stew potatoes Tuna eggs (A2,5) Fruit
6 Lentils Hamburguers (A1,2,3) Fruit	7 Stewed peas Grilled chicken Yoghourt(A3)	8 Summer salad (A2) Loin of pork with sauce Fruit	9 Vegetables purée Homemade pizza (A1,3) Yoghourt (A3)	10 Macaroni (A1) Squid rings (A1,2,5) Fruit
Cream of zuchinni (A3) Pork stew Fruit	14 Noodles soup (A1) And chickpeas (beef, chicken and vegetables) Yoghourt (A3)	15	16 Aubergine pie (A1,2,3) Sausages Yoghourt (A3)	Mushroom risotto (A3) Baked eggs (A2) Fruit
20 Spaghetti (A1) Potatoe omelette (A2) Fruit	Cream of pumpkin (A3) meatballs (A1,2,3) Yoghourt (A3)	Vegetables and chickpeas Fish fingers (A1,2,5) Fruit	23 Noodles soup (A1) Chicken thighs Yoghourt (A3)	Green beans with tomato Tuna pasties (A1,2,5) Fruit
Potatoe and chard pie (A3) Turkey stew Fruit	28 Carrot purée (A3) Fish with tomato (A1,2,5) Yogurt (A3)	Vegetarian beans Breaded chicken (A1,2) Fruit	30 Tuna Lasagna (A1,2,3,5) Grilled pork Yoghourt (A3)	31 Boiled rice with tomato Egg croquettes (A1,2,3,4) Fruit

Allergens: A1 (Gluten); A2 (Egg); A3 (Milk and milk products); A4 (Nuts);

A5 (Fish).

Salads: Tomato, corn, cucumber or grated carrot