

El Mi Pequeña Granja May 2017 menu

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
1	2	3 Vegetarian lentils Baked eggs (A2) Fruit	4 Cream of leek (A3) Fish with tomato (A1,2,5) Yoghourt (A3)	5 Spaguetti (A1) Chicken thighs with sauce Fruit
8 Vegetable stew with artichokes Grilled chicken Fruit	9 Vegetarian beans Fish fingers (A1,2,5) Yoghourt (A3)	10 Noodles soup (A1) Hamburguers (A1,2,3) Fruit	11 Vegetables purée Turkey stew Yoghourt (A3)	12 Macaroni(A1) Potatoe omelette with salad (A2) Fruit
15	16 Aubergine pie (A1,2,3) Grilled fish (A5) Yoghourt (A3)	17 Noodles soup (A1) And chickpeas (chicken, beef and vegetables) Fruit	18 Carrot purée Home-made pizza with salad (A1,3) Yoghourt (A3)	19 Vegetarian paella Tuna eggs (A2,5) Fruit
22 Stewed peas San Jacobo (A1,2,3) Fruit	23 Vegetables and chickpea Grilled fish (A1,2,5) Yoghourt (A3)	24 Noodles soup (A1) Squid rings with salad (A1,2,5) Fruit	25 Cream of pumpkin (A3) Chicken with sauce Yoghourt (A3)	26 Tuna Lasagna (A1,2,3,5) Sausages with salad Fruit
29 Risotto with mushroom (A3) meatballs (A1,2,3) Fruit	30 Lentils Tuna pasties with salad (A1,2,5) Yoghourt (A3)	31 Cream of Zucchini (A3) Grilled loin of pork Fruit		

Allergens: A1 (Gluten); A2 (Egg); A3 (Milk and milk products); A4 (Nuts); A5 (Fish).

Salads: Tomato, corn, cucumber or grated carrot.