

EI March menú 2016

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
	1 Noodles soup Fish with salad Fruit	2 Vegetable stew Loin of pork with sauce Yogurt	3 Vegetarian lentils Squid rings fruit	4 Paella Sausages with salad Fruit
7 Stew peas Tuna pasties Fruit	8 Vegetables purée Chicken with sauce Fruit	9 Vegetarian beans Fish finger Fruit	10 Macaroni Potatoe omelette Yogurt	11 Ensaladilla rusa Filleting veal beef Fruit
14 Tortellini with tomato sauce Breaded chicken Fruit	15 Carrot purée Grilled fish Fruit	16 Noodles soup and chickpeas (beef, chicken and vegetables) Yogurt	17 Aubergine pie Baked eggs Fruit	18 Rice with tomato sauce Pizza Fruit
21 Cream of leek Roast chicken Fruit	22 Stewed potatoes and vegetables Fish with tomato fruit	23	24	25
28 Mashed potatoe Turkey stew with tomato Fruit	29 Spaghetti Chicken thighs Fruit	30 Vegetables and chickpea stew San Jacobos Fruit	31 Mushroom risotto Eggs with tuna Fruit	