

Nursery School “My Little Farm” February 2019 menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Vegetables purée Homemade Pizza (A1,3) Fruit
4 Cream of zucchini (A3) Fish with tomato sauce (A1,2,5) Fruit	5 Potatoe and chard pie (A3) Breaded chicken (A1,2) Yoghourt (A3)	6 Stewed peas Hamburguers (A1,2,3) Fruit	7 Noodle soup (A1) and chickpeas (chicken, beef and vegetables) Yoghourt (A3)	8 Macaroni(A1) Potatoe omelette (A2) Fruit
11 Carrot purée Chicken tighs with sauce Fruit	12 Boiled rice Turkey stew Yoghourt (A3)	13 Vegetarian beans Tuna pasties (A1,2,5) Fruit	14 Potatoes and vegetables stew Grilled fish (A5) Yoghourt (A3)	15 Spaguetti (A1) Tuna eggs Fruit
18 Noodle soup (A1) Meatballs (A1,2,3) Fruit	19 Green beans with tomato Fish fingers (A1,2,5) Yoghourt (A3)	20 Lentils San Jacobo (A1,2) Fruit	21 Aubergine pie (A1,2,3) Grilled loin of pork Yoghourt (A3)	22 Mushroom risotto (A3) Baked eggs (A2) Fruit
25 Cream of pumpkin (A3) Fish with tomato (A1,2,5) Fruit	26 Vegetables and chickpeas stew Grilled chicken Yoghourt(A3)	27 Paella Egg croquettes (A1,2,3,4) Fruit	28 Tuna Lasagna (A1,2,3,5) Sausages Yoghourt (A3)	

Allergens: A1 (Gluten); A2 (Egg); A3 (Milk and milk products); A4 (Nuts); A5 (Fish).

Salads: Tomato, corn, cucumber or grated carrot