

My little farm Nursery School

December 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Potatoes with vegetables stew Grilled chicken Fruit	3 Macaroni (A1) Meatballs with sauce (A1,2,3) Yoghourt (A3)	4 Cream of leek (A3) Battered fish with salad (A1,2,5) Fruit	5 Vegetables and chickpeas stew (A1) Baked eggs (A2) Yoghourt (A3)	6
9	10 Cream of zucchini (A3) Chicken thighs with sauce Yogurt (A3)	11 Lentils Grilled fish with salad (A5) Fruit	12 Vegetables lasagna (A1,2,3) Grilled pork Yoghourt (A3)	13 Green beans with tomato Hamburguers with salad (A1,2,3) Fruit
16 Cream of pumpkin (A3) Grilled fish with tomato sauce (A5) Fruit	17 Stewed peas Potatoe omelette (A2) Yoghourt (A3)	18 Vegetarian beans Pasties with salad (A1,2,5) Fruit	19 Aubergine pie (A1,2,3) Sausages Yoghourt (A3)	20 Mushroom risotto (A3) Roasted chicken Fruit
23 Spaghetti (A1) Turkey stew with vegetables Fruit	24	25	26	27
30	31			

Allergens: A1 (Gluten); A2 (Egg); A3 (Milk and milk products); A4 (Nuts); A5 (Fish).

Salads: Tomato, corn, cucumber or grated carrot