

Nursery School “My Little Farm” December 2018 menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Paella Grilled fish (A1,2,5) Fruit	4 Stew peas Chicken thighs Yoghourt (A3)	5 Noodles soup (A1) and chickpeas (beef, chicken and vegetables) Fruit	6	7 Carrot purée Homemade pizza (A1,3) Fruit
10 Spaguetti (A1) Meatballs (A1,2,3) Fruit	11 Vegetarian beans Fish fingers A1,2,5) Yoghourt (A3)	12 Cream of leek (A3) Turkey stew Fruit	13 Aubergine pie (A1,2,3) Grilled chicken Yogurt (A3)	14 Mushroom risotto (A3) Baked eggs (A2) Fruit
17 Vegetables purée Fish with tomato (A1,2,5) Fruit	18 Vegetables and chickpea stew San Jacobo (A1,2,3) Yoghourt(A3)	19 Green beans with tomato Breaded chicken (A1,2) Fruit	20 Pasta (A1) Egg croquettes (A1,2,3,4) Yoghourt (A3)	21 Boiled rice Loin of pork with sauce Fruit
24	25	26	27	28
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**Allergens: A1 (Gluten); A2 (Egg); A3 (Milk and milk products); A4 (Nuts);
A5 (Fish).**

Salads: Tomato, corn, cucumber or grated carrot.